

Winnipeg Transition Centre

5 Effective Ways to Engage Participants and Energize Training

You will...

- Experience the 5 Behavioural Facilitation Pillars
- Gain exposure to 5 engaging facilitation activities
- Identify participant challenges and develop effective solutions
- Examine how Adult Learning Principles and Behavioural Facilitation go hand in hand

Who would benefit?

 Anyone who leads meetings or delivers presentations or workshops.

Points of interest

- The 5 Pillars of Behavioural Facilitation will be examined and role played by participants
- Participants will learn in a fun, safe and positive environment and share experiences & resources



The WTC also offers certificate programs in partnership with Humber College and the University of Winnipeg.

- · Career/Employment Coach Certification (CECC)
- Practical Workshop Facilitation Skills Certificate (PWFSC)

Additional Training:

- Learn to Live on Higher Ground Self Care for Professionals (1 day)
- Facilitation Fundamentals (2 Day)

Recent participant feedback:

"I would strongly recommend this course to anyone seeking to develop and enhance their skills in leading and/or facilitating meetings effectively. It has significantly increased my level of confidence in leading." 2015

"I found this workshop to be tremendously valuable in demonstrating practical skills and techniques, and creating assurance to facilitators that a workshop on any topic can be informative and engaging. I highly recommend this training to anyone who provides facilitation in any area that requires learning retention and engagement by participants." 2014.

To find out more about 5 Effective Ways to Engage and Energize and other workshops

please contact Sharon at Sharonedavison@gmail.com or call 250 212.0752

This one day workshop can be hosted at your place of work or a meeting space in your community.
Call to discuss what works for you!

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